

Systematics and Consequences of Comet Nucleus Outgassing Torques

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Abstract

Anisotropic outgassing from comets exerts a torque sufficient to rapidly change the angular momentum of the nucleus, potentially leading to rotational instability. Here, we use empirical measures of spin changes in a sample of comets to characterize the torques, and to compare them with expectations from a simple model. Both the data and the model show that the characteristic spin-up timescale, τ_s , is a strong function of nucleus radius, r_n . Empirically, we find that the timescale for comets (most with perihelion 1–2 au and eccentricity ~0.5) varies as $\tau_s \sim 100r_n^2$, where r_n is expressed in kilometers, and τ_s is in years. The fraction of the nucleus surface that is active varies as $f_A \sim 0.1r_n^{-2}$. We find that the median value of the dimensionless moment arm of the torque is $k_T = 0.007$ (i.e., ~0.7% of the escaping momentum torques the nucleus), with weak ($<3\sigma$) evidence for a size dependence $k_T \sim 10^{-3}r_n^2$. Sub-kilometer nuclei have spin-up timescales comparable to their orbital periods, confirming that outgassing torques are quickly capable of driving small nuclei toward rotational disruption. Torque-induced rotational instability likely accounts for the paucity of sub-kilometer short-period cometary nuclei, and for the preperihelion destruction of sungrazing comets. Torques from sustained outgassing on small active asteroids can rival YORP torques, even for very small (≤ 1 g s⁻¹) mass-loss rates. Finally, we highlight the important role played by observational biases in the measured distributions of τ_s , f_A , and k_T .

Unified Astronomy Thesaurus concepts: Comet nuclei (2160); Short-period comets (1452); Near-sun comets (2195)

1. Introduction

The dynamical lifetimes of short-period comets are about 0.5 million years, some 10^{-4} of the age of the solar system, while their physical lifetimes are at least an order of magnitude shorter still (Levison & Duncan 1997). Several processes potentially limit these comets' physical lifetimes, including complete devolatilization of the nucleus, formation of a global, refractory mantle that stifles outgassing, and rotational disruption from outgassing torques (Samarasinha et al. 1986; Jewitt 1992, 1997). An awareness of physical lifetimes is important both in terms of understanding the populations of the Kuiper Belt and Oort cloud source reservoirs (with shorter lifetimes requiring larger source populations in order to maintain steady state), and of understanding the evolutionary properties of comets when in the terrestrial planet region.

Reaction forces from sublimation exert a torque that can change both the magnitude and the direction of spin of a cometary nucleus (Whipple 1961). It has long been noted that the characteristic timescale for changing the spin can be very short (Samarasinha et al. 1986; Jewitt 1992, 1997), and that the lifetimes of cometary nuclei, when active, may be determined by spin-up to the point of rotational disruption. Originally proposed in the near-absence of relevant rotational and physical data on cometary nuclei, we now possess a better physical characterization of the comets, as well as several reliable measurements of nucleus spin changes that can be used to better define the spin-up process.

Spin-up has been discussed in the refereed literature by Jewitt (1997), Gutierrez et al. (2003), Samarasinha & Mueller (2013), Steckloff & Jacobson (2016), Mueller & Samarasinha (2018), Kokotanekova et al. (2018), Rafikov (2018), and Steckloff & Samarasinha (2018). In this paper, we first recap the simple spin-up model of Jewitt (1997), then describe recent

measurements to establish the empirical nucleus spin-up timescale as a function of nucleus parameters. We then consider the consequences of this timescale for the spin evolution of outgassing cometary nuclei. Finally, we discuss the role of observational bias.

2. Scaling Relations

A torque applied to a rotating nucleus changes the vector angular momentum, resulting in both excited (non-principal axis) rotation, and a changing spin period. Excited rotational states have been reported, perhaps most beautifully in 1P/ Halley (Samarasinha & A'Hearn 1991). However, nonprincipal axis rotation is generally much more difficult to detect than changes in the magnitude of the spin, manifested as time dependence in the period deduced from lightcurve photometry (Gutierrez et al. 2003). We therefore focus on the effect on the spin rate of a torque exerted by non-uniform mass loss. We write the scalar torque as

$$T = k_T(r_{\rm n}) V_{\rm th} r_{\rm n} \overline{\dot{M}} \tag{1}$$

where r_n is the radius, $\overline{\dot{M}}$ (kg s⁻¹) is the average rate of mass loss, V_{th} is the speed with which material is ejected, and $k_T(r_n)$ is the "dimensionless moment arm." The momentum is dominated by outflowing gas and, therefore, $\overline{\dot{M}}$ and V_{th} refer to the gas production rate and speed, respectively, and momentum in the dust is ignored. Quantity k_T is equal to the fraction of the outflowing momentum exerting a torque on the nucleus. The limiting values are $k_T = 0$, corresponding to isotropic ejection with no net torque, and $k_T = 1$, corresponding to collimated ejection in a direction tangent to the surface. The spin angular momentum is $L = I\omega$, with I equal to the moment of inertia and angular speed of the rotation $\omega = 2\pi/P$, where P is the instantaneous rotation period. The shapes of cometary nuclei are typically irregular, and *I* cannot be generally defined. For simplicity, we represent the nucleus as a homogeneous sphere, for which $I = (2/5)M_n r_n^2$, where $M_n = (4/3)\pi\rho_n r_n^3$ is the nucleus mass, and ρ_n is the nucleus density. Equivalently,

$$L = (8\pi/15)\rho_{\rm n}r_{\rm n}^5\omega. \tag{2}$$

Next, defining the characteristic timescale for spin-up by the torque as $\tau_S = L/T$, we obtain from Equations (1) and (2) (see Jewitt 1997):

$$\tau_s = \left(\frac{16\pi^2}{15}\right) \left(\frac{\rho_n r_n^4}{k_T (r_n) V_{\rm th} P}\right) \left(\frac{1}{\overline{\dot{M}}}\right). \tag{3}$$

As noted above, τ_s and *P* in Equation (3) can be extracted from lightcurve observations (e.g., Kokotanekova et al. 2018). The other parameters in Equation (3) also deserve comment, as follows.

Density, ρ_n : Only the density of the nucleus of 67P/ Churyumov–Gerasimenko has been directly measured. Published values for this, and for a range of nuclei studied using less direct techniques, are compatible with $\rho_n = 500 \text{ kg m}^{-3}$ (Groussin et al. 2019), which we adopt here.

Speed, V_{th}: The momentum of the ejected material originates in the thermal motions of gas produced by sublimated cometary ice. To first order, we take the speed of the sublimated gas as the mean thermal speed, $V_{\rm th} = (8kT/(\pi\mu m_{\rm H}))^{1/2}$, where $k = 1.38 \times 10^{-23}$ J K⁻¹ is the Boltzmann constant, T is the temperature of the sublimating surface, μ is the molecular weight, and $m_{\rm H} = 1.67 \times 10^{-27}$ kg is the mass of the hydrogen atom. Setting $\mu = 18$ for water, the dominant cometary volatile, and T = 330 K for the hemispheric temperature at 1 au, we obtain speed $V_{\rm th} \sim 677 \text{ m s}^{-1}$. At 2 au, we find T = 233 K, and $V_{\rm th} = 522 \text{ m s}^{-1}$. The distance-dependence of the speed is weak (because $V_{\rm th} \propto T^{1/2}$ and $T \propto r_{\rm H}^{-1/2}$), a fact confirmed by highresolution spectroscopic measurements, giving $V_{\rm th} \propto r_{\rm H}^{-1/4}$ over the range $1 \leq r_{\rm H} \leq 8$ au (Biver et al. 2002). Sublimation depresses the temperature below the local blackbody value to T = 205 K near $r_{\rm H} = 1$ au, corresponding to $V_{\rm th} = 490$ m s⁻¹. Noting the narrow range of heliocentric distances $(1 \leq r_{\rm H} \leq 2 \text{ au})$ over which most of the comets considered in this study were observed, we neglect any heliocentric variation, and set $V_{\rm th} = 500 \,\mathrm{m \ s^{-1}}$, which is within a factor ~ 2 of speeds measured in cometary gas within this distance range (Biver et al. 2002).

Mass-Loss Rates, \dot{M} : In the sublimation hypothesis, we expect that activity should be proportional to the nucleus surface area, and write

$$\overline{\dot{M}} = 4\pi f_{\rm A}(r_{\rm n})\overline{f_s(r_{\rm H})} r_{\rm n}^2, \qquad (4)$$

where $4\pi r_n^2 f_A(r_n)$ is the sublimating area of the nucleus, assumed to be spherical, and $\overline{f_s(r_H)}$ is the orbitally averaged sublimating mass flux (kg m⁻² s⁻¹), calculated from the energy balance equation as described in the Appendix. Quantity f_A is known as the "active fraction," equal to the ratio of the sublimating area to the surface area of a sphere with radius r_n .

Combining Equations (3) and (4), we have

$$\tau_s = \left(\frac{4\pi}{15}\right) \left(\frac{\rho_{\rm n} r_{\rm n}^2}{k_T(r_{\rm n}) f_{\rm A}(r_{\rm n}) V_{\rm th} P}\right) \left(\frac{1}{\overline{f_s(r_{\rm H})}}\right) \tag{5}$$

showing that we should expect the characteristic spin-up timescale to vary as $\tau_s \propto r_n^2$, but only if $f_A k_T P$ in the denominator is independent of r_n . Period *P* is measured for each nucleus in this study. In the next section, we calculate τ_s , k_T , and f_A from published data to compare with this expectation.

3. Empirical Relations

3.1. Spin-up Timescale, τ_s

The first reviews of cometary nucleus rotation (Sekanina 1981; Whipple 1982) were published before useful rotation data were available, and, as a result, are mainly of historical interest. The first reliable measurements of the rotational lightcurve of a cometary nucleus were those of 49P/Arend–Rigaux, obtained in the mid-1980s (A'Hearn et al. 1985; Jewitt & Meech 1985). Before that time it was widely held that the nucleus could not be directly detected in groundbased observations; the study of low-activity comets such as 49P/Arend-Rigaux revealed this belief to be unfounded. However, it remains true that rotational lightcurves can be directly determined in relatively few comets, due to photometric contamination by coma. Unlike asteroids, comets usually exhibit a diffuse appearance, due to outgassed material in the coma, resulting in the dilution of the nucleus rotational lightcurve to unobservable levels. In some active objects, however, periodic structures, including jets and spirals, in the coma can be used to infer the rotation period of the nucleus, even though the nucleus itself cannot be photometrically isolated (e.g., Samarasinha & A'Hearn 1991).

In this work, we use only published measurements of nucleus rotation and rotation changes, for which Kokotanekova et al. (2018) has presented a convenient summary. These authors list (in their Table 2) the measured change in the rotation period *per cometary orbit*, $|\Delta P|$, which is related to the spin-up timescale, τ_s , by

$$\tau_s = \frac{P}{|\Delta P|} P_K \tag{6}$$

where *P* is the measured instantaneous rotation period of the nucleus, and P_K is the Keplerian orbital period ($P_K = a^{3/2}$, with P_K given in years, and orbital semimajor axis, *a*, in au). We add rotational measurements of 46P/Wirtanen, using data from Farnham et al. (2021), but ignore two earlier measurements of this object by Meech et al. (1997), and Lamy et al. (1998) because their results were discordant, yet nearly simultaneous. Exclusion of 46P/Wirtanen from our sample would not change any of the following results. The measurements are listed in Table 1.

Equation (6) gives a measure of how long the nucleus would take to change from stationary to its current rotation period, assuming that the orbitally averaged torque is constant. In most comets, the period drifts slowly, and the reported period changes are noticed only when comparing determinations made in different orbits. In comets 41P/Tuttle–Giacobini–Kresak, 46P/Wirtanen, and 103P/Hartley, the rotational period varies so quickly that the rate of change, dP/dt, can be measured within a single orbit (Drahus et al. 2011; Knight et al. 2015; Bodewits et al. 2018; Moulane et al. 2018; Schleicher et al. 2019; Farnham et al. 2021). Note that, while ΔP can be positive or negative, and a given nucleus can be either spinning

Table 1Sublimation Spin-up

Name	a ^a	e ^b	q^{c}	r_n^d	P_K^{e}	$P^{\mathbf{f}}$	$ \Delta P ^{\mathbf{g}}$	$\dot{M}/r_{\rm H}^{\rm h}$	\mathcal{S}^{i}	<i>M</i> ⁱ ₁	$\tau_s^{\mathbf{k}}$	$10^{3}k_{T}^{1}$	Reference ^m
	(au)		(au)	(km)	(yr)	(hr)	(minutes)	(kg s^{-1})		$({\rm kg \ s}^{-1})$	(yr)		
2P/Encke	2.215	0.848	0.337	2.4	3.30	11.0	4	1110/0.46	0.034	38	540	14	L04, K18, R18
9P/Tempel	3.146	0.510	1.542	3.0	5.58	40.9	13.5	140/1.50	0.210	30	1014	6	L04, K18, G12
10P/Tempel	3.067	0.536	1.423	5.3	5.37	8.9	0.27	600/1.40	0.170	102	10,600	8	L04, K18, W17
14P/Wolf	4.247	0.357	2.729	3.0	8.80	9.0	<4.2				>1130		F13, K18
19P/Borrelly	3.611	0.624	1.358	2.2	6.86	29.0	20	1800/1.35	0.13	596	600	0.6	L04, K18, M12
41P/TGK	3.085	0.661	1.046	0.7	5.42	34.8	1560	100/1.05	0.078	8	4	36	L04, K18, C20
46P/Wirtanen	3.093	0.659	1.055	0.6	5.44	9.15	12	390/1.06	0.078	30	250	0.2	L04, F21, C20
49P/Arend-Rigaux	3.525	0.619	1.343	4.2	6.62	13.0	< 0.23	48/1.38	0.098	5	>22,000	< 0.2	L04, K18, E17
67P/C-G	3.465	0.641	1.244	2.0	6.45	12.0	21	300/1.24	0.150	45	220	13	L04, K18, B19
103P/Hartley	3.470	0.695	1.058	0.6	6.46	18.2	120	450/1.06	0.052	23	60	0.4	A11, D13, C20
143P/Kowal-Mrkos	4.298	0.409	2.542	4.8	8.90	17.0	<6.6				>58.8		J03, K18
162P/Siding Spring	3.050	0.596	1.232	7.0	5.30	33.0	<25				>550		F13, K18

Notes.

^a Orbital semimajor axis.

^b Orbital eccentricity.

^c Perihelion distance.

^d Nucleus radius (Lamy et al. (2004).

e Orbital period.

^f Rotation period (Kokotanekova et al. (2018), except 46P from Farnham et al. (2021).

^g Rotation change per orbit (Kokotanekova et al. (2018), except 46P from Farnham et al. (2021).

^h Reported mass-loss rate and the distance at which it was measured (A'Hearn et al. 1995).

ⁱ Scale factor, from Equation (10).

^j Orbit average mass-loss rate, SM.

^k Spin-up timescale, from Equation (6).

¹ Dimensionless moment arm $\times 10^3$, from Equation (9).

^m References: B19 = Biver et al. (2019), C20 = Combi et al. (2020), E17 = Eisner et al. (2017), G12 = Gicquel et al. (2012), J03 = Jewitt et al. (2003), K18 = Kokotanekova et al. (2018), L04 = Lamy et al. (2004), M12 = Maquet (2012), R18 = Roth et al. (2018), W17 = Wilson et al. (2017).

up or spinning down, we are interested only in the magnitude of the change, $|\Delta P|$.

Figure 1 shows τ_s as a function of nucleus radius, r_n , computed based on Equation (6) and the data from Table 1, with illustrative error bars showing the effect of $\pm 50\%$ uncertainties in τ_s . Evidently, τ_s varies widely in the range $\tau_s \sim 3 \text{ yr}$ (for the very rapidly accelerating nucleus of 46P/ Wirtanen) to $\tau_s \gtrsim 10^4$ yr (for 10P/Tempel 2, and 49P/Arend– Rigaux). As a purely empirical diagram, the figure shows a convincing, model-independent trend for larger values of τ_s to be associated with larger cometary nuclei, which is as expected based on scaling relations (Equation (5), Jewitt 1997), and has been noted by Samarasinha & Mueller (2013), and Kokotanekova et al. (2018). It is obvious from the figure that τ_s and r_n are related. Although numerical evidence of this is not needed, we computed the Spearman ρ correlation coefficient (Press et al. 1992) between $\log(\tau_s)$ and $\log(r_n)$, finding $r_s = 0.88$, and a p-value of 0.004, indicating a significant correlation. A leastsquares fit of a power law to those comets having non-zero ΔP (red circles in Figure 1) gives $\tau_s = (102 \pm 50) r_n^{2.2 \pm 0.6}$ However, the significance of the fit should not be exaggerated (the sample is small, the uncertainties are poorly characterized, and we have ignored uncertainties in the radii of the comets plotted in Figure 1). For convenience, we simply adopt

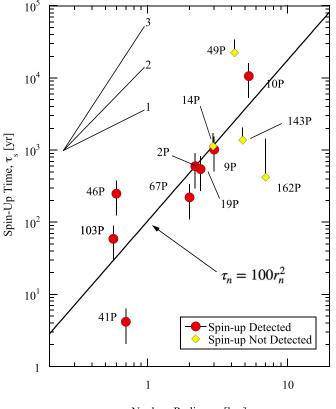
$$\tau_s \sim 100 r_{\rm n}^2 \tag{7}$$

with τ_s expressed in years, and r_n in kilometers, in the remainder of this paper, and point to Figure 1 to show that this provides an acceptable match to the data. It should be understood that this equation strictly applies to short-period

comets with moderate eccentricities, and perihelia near 1 au (as indicated in Table 1). Timescales for comets of a given size, having different orbital semimajor axes and perihelia, would not be fitted by Equation (7).

3.2. Active Fraction, f_A

Cometary mass loss is driven by the expansion of sublimated gas, the production rates of which are estimated based on the strengths of resonance fluorescence bands, using a model of the gas spatial distribution. Typically, the Haser (1957) model, or one of its variants, is used to infer the production rate from spectroscopic data. In most comets in the terrestrial planet region, the gas mass is dominated by sublimated water. Accordingly, we use $\dot{M} = \mu m_{\rm H} Q_{\rm OH}$, where \dot{M} is the mass production rate (kg s⁻¹), molecular weight $\mu = 18$, and $Q_{\text{H}_{2}\text{O}}$ (s^{-1}) is the production rate, most usually obtained from measures of the OH 3090 Å (e.g., A'Hearn et al. 1995), or Ly α (Combi et al. 2019) bands. Production rates can also be inferred from the strength of other gas species, and even from the cometary continuum, but these are less reliable than OH production rates, owing to uncertainties in the relative abundances of species and of dust. We do not use other species or dust measurements of production here. We do note that, in many comets, the derived instantaneous dust-mass production rates are larger than the gas-mass production rates (i.e., the ratio dust/gas >1). Physically, however, dust speeds are small compared to the gas speed, and the outflow momentum is necessarily dominated by the gas. For these reasons, we use only measurements of the gas production rates here, and neglect the momentum carried by solids.



Nucleus Radius, r_n [km]

Figure 1. Empirical spin-up timescale, τ_s , vs. nucleus radius, r_n , from Equation (6) and Table 1. Filled red circles show comets in which period changes have been detected. Filled yellow diamonds show comets in which only observational limits to period changes have been set. Sample error bars show a $\pm 50\%$ uncertainty in τ_s . The solid line shows Equation (7). Logarithmic slopes of 1, 2, and 3 are illustrated.

In order to examine $f_A(r_n)$, we combined active-area determinations from the spectroscopic compilation by A'Hearn et al. (1995) with Hubble Space Telescope-based nucleus radius measurements from Lamy et al. (2004), to find 24 shortperiod comets common to both data sets (Table 2). We added 126P/IRAS from Groussin et al. (2004) to make a sample of 25. The use of two main sources reduces relative errors in the production rates introduced by different models and interpretations of the data. Unavoidable systematic errors remain, however, notably from the unmeasured albedos and phase functions of the comets (however, infrared data examined by Fernández et al. (2013) suggest that albedo is not a strong function of nucleus radius). For this reason, individual values of f_A may differ somewhat from those reported by others in the literature. As an example, consider 103P/Hartley. We find (Table 2) $f_A = 0.60$, whereas Groussin et al. (2004) reported $0.3 \leq f_A \leq 1$, and Lisse et al. (2009) reported $f_A = 1.1$. Values $f_A > 1$ are occasionally reported in some so-called "hyperactive comets," of which 103P/Hartley is one. In such cases, the sublimation is presumed to come from grains in the coma, rather than from the nucleus directly. Such grains cannot torque the nucleus.

The dependence of f_A on r_n for these comets is plotted in Figure 2, where a strong inverse relation is evident. The Spearman ρ coefficient, computed between $\log(f_A)$ and $\log(r_n)$, has the value $r_s = -0.53$, and a correspondingly low probability of being due to chance of p = 0.008. A least-

 Table 2

 Active Fraction Measurements

Name	r_n^a	$A^{\mathbf{b}}$	$f_{\rm A}{}^{\rm c}$
2P/Encke	2.4	0.7	0.010
4P/Faye	1.8	2.7	0.066
6P/d'Arrest	1.6	1.7	0.052
9P/Tempel	3.1	5.2	0.043
10P/Tempel	5.3	0.7	0.002
19P/Borrelly	2.2	6.6	0.109
21P/Giacobini-Zinner	1.0	7.4	0.590
22P/Kopff	1.7	12.3	0.339
26P/Grigg-Skjellerup	1.3	0.1	0.005
28P/Neujmin	10.7	0.5	0.0004
31P/Schwassmann-Wachmann	3.1	7.9	0.066
41P/Tuttle-Giacobini-Kresak	0.7	6.0	0.970
43P/Wolf-Harrington	1.8	2.2	0.054
45P//HondaMrkosPajdusakova	0.8	0.2	0.020
46P/Wirtanen	0.6	1.9	0.431
47P/Ashbrook–Jackson	2.8	4.4	0.044
49P/Arend-Rigaux	4.2	0.5	0.002
59P/Kearns-Kwee	0.8	1.6	0.197
67P/Churyumov-Gerasimenko	2.0	1.3	0.026
68PKlemola	2.2	0.5	0.008
74P/Smirnova-Chernykh	2.2	36.3	0.597
78P/Gehrels	1.4	0.3	0.011
81P/Wild	2.0	4.1	0.081
103P/Hartley	0.8	4.8	0.595
126P/IRAS	1.6	3.4	0.110

Notes.

^a Nucleus radius, (km), from Lamy et al. (2004) except 126P/IRAS from Groussin et al. (2004).

^b Active area, km², from A'Hearn et al. (1995) except 126P/IRAS from Groussin et al. (2004), and 41P/TGK from Bodewits et al. (2018).

^c Active fraction, $F_{\rm A} = A/(4\pi r_{\rm n}^2)$.

squares fit to all the data gives $f_A = 0.15 \pm 0.06r_n^{-2.05\pm0.47}$. A fit to the eight objects having measured spin changes gives $f_A = 0.22 \pm 0.08r_n^{-2.61\pm0.52}$. The absolute uncertainties may be larger than indicated, and dominated by systematic effects intrinsic to both the measurements and their interpretation. For example, the "Haser" model gives a simplistic representation of the gas coma and production rates, with uncertainties which are both systematic and difficult to characterize. The effective sublimating area is estimated via the adoption of a thermophysical sublimation model, whose parameters are themselves numerous and uncertain. In addition, while there is no reason to remove the three largest nuclei from the plot, the effect of doing so would be to render f_A independent of r_n , within the uncertainties.³ For all these reasons, and in order to avoid giving the appearance of undue significance to the relation in Figure 2, we elect merely to note that the variation resembles the power law

$$f_{\rm A} \sim 0.1 r_{\rm n}^{-2} \tag{8}$$

with r_n given in km. Figure 2 shows that Equation (8) is a useful representation of the data. Equation (8) applies only for $f_A \leq 1$, which is true for $r_n \gtrsim 0.3$ km. Smaller nuclei should be

³ All three of the largest nuclei have $f_A < 10^{-2}$, whereas this is true of only two of 22 (9%) of the smaller nuclei. Assuming this same fraction, the chance of finding the three largest nuclei with $f_A < 10^{-2}$ is $0.09^3 \sim 7 \times 10^{-4}$, which is significant at the $> 3\sigma$ level of confidence.

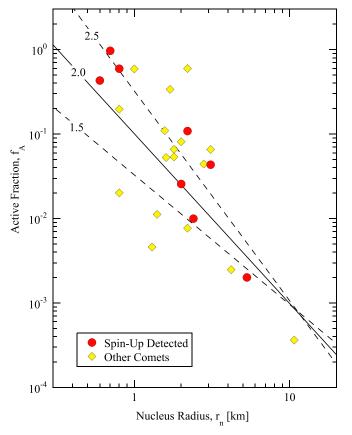


Figure 2. Nucleus active fraction, f_A , as a function of nucleus radius, r_n . The straight lines indicate $f_A \propto r_n^{-x}$ with x = 1.5, 2.0, and 2.5, as marked.

entirely active $(f_A = 1)$ over their surfaces, based on this relation.

3.3. Moment Arm, k_T

We are interested to determine the dimensionless moment arm for the torque, k_T , as this quantity allows τ_s to be estimated via Equation (3) for any nucleus. Substituting Equation (6) into (3), and solving for k_T , we find that

$$k_T = \frac{16\pi^2}{15} \left(\frac{\rho_n r_n^4}{V_{\text{th}}} \right) \left(\frac{|\Delta P|}{P^2 P_K} \right) \left(\frac{1}{\overline{\dot{M}}} \right). \tag{9}$$

In Equation (9), r_n , $|\Delta P|$, and P are measured quantities obtained from nucleus photometry and/or periodic coma structures that are modulated by nucleus rotation, while P_K is the orbital period. The mean mass-loss rate, \overline{M} , is obtained from measurements of resonance fluorescence-band strengths, focusing on the OH 3090 Å band as a measure of the production rate of the dominant volatile, H₂O. For practical reasons, measurements of cometary spectra tend to be taken near 1–2 au. Comets at distances $r_{\rm H} \ll 1$ au appear at small elongations, and are difficult to measure. Most comets at $r_{\rm H} \gg 1$ au sublimate weakly, and appear faint. For these reasons, most of the spectroscopically well-observed comets (Table 1) have perihelia $q \sim 1-2$ au.

The torque on the nucleus is maximized at perihelion, where outgassing is strongest, but the total torque results from the total mass loss integrated around the orbit. Accordingly, we apply a correction factor, S, to properly scale the mass-loss rate measured at distance $r_{\rm H}$, $\dot{M}(r_{\rm H})$, to estimate the orbitally

averaged mean mass-loss rate, \overline{M} , that would be measured if we possessed spectroscopic data around the orbit. We define the scaling factor, S, using

$$S = \frac{\overline{\dot{M}}}{\dot{M}(r_{\rm H})} \tag{10}$$

where \overline{M} is the mass-loss rate, averaged over one orbit period, P_K . The calculation of S is described in the Appendix. An obvious objection to the calculation of S is that the orbital variation of \overline{M} might not be well-represented by the sublimation model described in the Appendix. For example, seasonal variations for comets with non-zero obliquity create important pre- versus post-perihelion asymmetries, but cannot be incorporated in the model. We acknowledge this weakness, and look forward to future gas production-rate measurements, taken more densely at a range of locations around the orbit.

For three of the comets in Table 1 (i.e., 14P/Wolf, 143P/ Kowal–Mrkos, and 162P/Siding Spring) we possess upper limits to the period change, $|\Delta P|$, but a literature search revealed no measurements of the mass-loss rates. Therefore, the moment arm for these three comets cannot be obtained using Equation (9), and we exclude them from further consideration. Conversely, while only an upper limit to the period change was set in 49P/Arend–Rigaux, the mass-loss rate has been quantified, and so we retain this, plus seven other, bettermeasured comets in our sample, so as to determine k_T (Table 1).

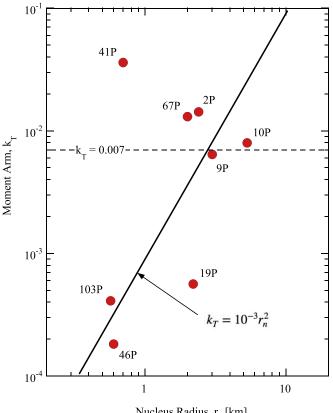
Values of S are listed for each nucleus in Table 1. The orbits of the well-characterized comets are clustered near $q \sim 1$ to 1.5 au, and $e \sim 0.6$, for which typical values are $S \sim 0.1$. This means that the sublimation rate, averaged around the orbit of most comets, is on the order of 10% of the rate measured at perihelion; 2P/Encke has a smaller q and larger e, resulting in $S \sim 0.034$.

We use Equations (9) and (10) to calculate k_T for each nucleus. The resulting values are listed in the penultimate column of Table 1. Values of the moment arm range from 2×10^{-4} to 4×10^{-2} ; the median value, $k_T = 0.007$, is an order of magnitude smaller than that deduced (before observations) from an early toy model ($k_T = 0.05$, Jewitt 1997). Our value for 9P/Tempel ($k_T = 0.006$) compares with the range $0.005 \le k_T \le 0.04$ found by Belton et al. (2011). Our value for 103P/Hartley ($k_T = 4 \times 10^{-4}$) is consistent with $k_T = 4 \times 10^{-4}$ as given by Drahus et al. (2011).

The data provide some evidence that k_T and r_n are correlated (Figure 3). The Spearman ρ correlation coefficient between $\log(k_T)$ and $\log(r_n)$ is $r_s = 0.81$, with a probability that this, or a larger value, could be obtained by chance of p = 0.01. The observed correlation is therefore not statistically significant at the 3σ (p = 0.005) level. A power-law fit to the data gives $k_T = (1.4 \pm 0.8) \times 10^{-3} r_n^{1.6 \pm 0.5}$. The equation

$$k_T \sim 10^{-3} r_{\rm n}^2$$
 (11)

adequately represents the data over the range $0.5 \leq r_n \leq 7$ km (Figure 3). The maximum possible value, $k_T = 1$, is reached at $r_n \sim 30$ km, which is larger than any well-measured cometary nucleus.



Nucleus Radius, r [km]

Figure 3. Dimensionless moment arm, k_T , vs. nucleus radius, r_n . The median, $k_T = 0.007$, is marked by a dashed horizontal line, and a fit is added to guide the eye. Data from Table 1.

3.4. Bias Effects

We identify two sources of bias likely to affect determinations of $f_A(r_n)$. First, most comets are discovered by magnitudelimited surveys, leading to a "discovery bias" acting against low-activity (small f_A) comets of a given size. Small nuclei with small f_A will be preferentially undercounted, relative to high activity (large f_A) comets of equal size, because they are fainter. The discovery bias is particularly acute for small nuclei, potentially pushing such objects with small active fractions beneath the survey detection threshold.

Second, the determination of f_A relies on spectroscopic measurements of resonance fluorescence bands in gas. These bands are weak in low-activity comets of a given size, which therefore constitute more difficult and less appealing spectroscopic targets than bright comets (i.e., those with large active areas). Small nuclei with small f_A , even if they survive the discovery bias, are therefore likely to be under-reported in spectroscopic surveys (e.g., A'Hearn et al. 1995; Combi et al. 2019) of cometary activity, constituting a "spectroscopy bias."

To examine this effect, we compiled the cumulative distribution of water-production rates from the data listed by A'Hearn et al. (1995), as the primary source of our activity data in Table 2. The distribution shows a change in slope for $Q_{\rm OH} \lesssim 10^{27} \text{ s}^{-1}$, corresponding to about $\dot{M} = 30 \text{ kg s}^{-1}$. The local water-ice sublimation rate at 1.5 au is $f_s = 8 \times 10^{-5} \text{ kg m}^{-2} \text{ s}^{-1}$, corresponding to a sublimating area $\dot{M}/f_s \sim 0.4 \text{ km}^2$, equal to the projected area of a circle of radius 0.35 km. This is consistent with the observation that small nuclei tend to be the most active, as sub-kilometer nuclei could

not produce enough water to be spectroscopically detected in the A'Hearn survey if $f_A \ll 1$.

Quantitatively, Equations (4) and (8) show that the mass-loss rate, $\dot{M} \propto f_{\rm A} r_{\rm n}^2$, is approximately independent of $r_{\rm n}$, consistent with sublimation from a fixed active area (not fraction). Substitution into these equations gives $\dot{M} \sim 100 \text{ kg s}^{-1}$, corresponding to $Q_{\rm OH} \sim 3 \times 10^{27} \text{ s}^{-1}$ for a comet sublimating from the dayside hemisphere at representative distance $r_{\rm H} = 1.5$ au (see Table 1). This is close to the limit of the spectroscopic data summarized in A'Hearn et al. (1995), only 10% of which have $Q_{\rm OH} < 2 \times 10^{27} \text{ s}^{-1}$ ($\dot{M} \sim 60 \text{ kg s}^{-1}$). Numerous, substantially less productive comets surely exist, but are not spectroscopically attractive targets, and are therefore under-reported.

A different bias probably plays a role in the distribution of the moment arm, k_T . A small nucleus with a large k_T would, based on Equation (3), have a small spin-up time, leading to rotational instability, and the removal of the nucleus from the observable population. This "survival bias" results in an observational sample that is naturally depleted of small nuclei having large values of the dimensionless moment arm, because these nuclei are less likely to survive (see Drahus et al. 2011). The upper-left portion of Figure 3 is presumably depleted of objects for this reason. Conversely, large nuclei, even if $k_T = 1$, would take a long time to spin-up under the action of outgassing torques, and as such, are less susceptible to the survival bias.

The existence of these bias effects does not eliminate the possibility of genuine size dependencies in f_A and k_T . For example, larger nuclei may be better able to retain refractory surface mantles than smaller nuclei because of their larger surface gravity, resulting in more complete blockage of the gas flow and the depression of f_A (Rickman et al. 1990). Large nuclei are also more efficient in the recapture of slowly ejected material that might build a rubble mantle (Jewitt 2002). Samarasinha & Mueller (2013) suggested that torques from multiple sources on highly active (large f_A) nuclei should more nearly cancel out than on weakly active (small f_A) nuclei. This would lead to small nuclei having small k_T , as suggested by Figure 3. Unfortunately, we do not yet possess information sufficient to distinguish such effects from those due to the detection, spectroscopic, and survival biases.

4. Consequences

4.1. Paucity of Small Nuclei

Equations (3) and (7) show that small nuclei are particularly susceptible to outgassing torques, and therefore to potential rotational breakup (Jewitt 1992, 1997; Samarasinha 2007), consistent with the observed paucity of small nuclei (Fernández et al. 2013; Bauer et al. 2017). Indeed, the spins of nuclei smaller than a critical radius, $r_c \sim 0.1-0.3$ km, can be substantially modified within a few orbits. The observed fragmentation of the small nucleus of 332P/Ikeya–Murakami (radius $r_n \leq 0.28$ km) is a particular example of a sub-kilometer nucleus, likely to be suffering rotational instability. Perhaps not coincidentally, its rotation period, P = 2 hr, is very short (Jewitt et al. 2016). Rapid period changes observed in the small nuclei of comets 41P/Tuttle–Giacobini–Kresak (radius 0.7 km, Bodewits et al. 2018; Schleicher et al. 2019), 46P/Wirtanen (0.6 km, Farnham et al. 2021), and 103P/Hartley (0.6 km,

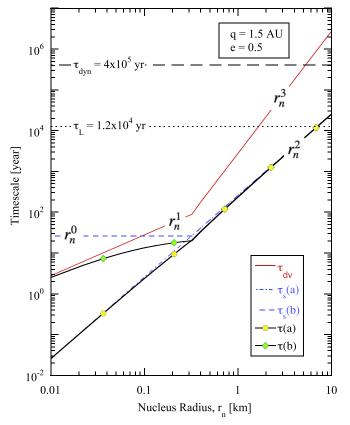


Figure 4. Model lifetimes as a function of nucleus radius with respect to spinup (τ_s , blue lines, from Equation (5)) and devolatilization (τ_{dv} , solid red line, from Equation (12)). As discussed in the text, the dashed-dotted blue line, $\tau_s(a)$, assumes $k_T = 10^{-4}$ for $r_n \leq 0.3$ km, and Equation (11) otherwise. The dashed blue line, $\tau_s(b)$, assumes that Equation (11) applies at all radii. The combined lifetimes are shown as a thick black line, with lower (yellow circles) and upper (green diamonds) branches, labeled $\tau(a)$ and $\tau(b)$, corresponding to the two models for $k_T(r_n)$. Horizontal dashed and dotted black lines show the dynamical lifetimes of Jupiter family comets and their estimated active lifetimes, respectively, based on the model given in Levison & Duncan (1997).

Drahus et al. 2011) also indicate strong torques and incipient rotational instability.

In addition to potential destruction by spin-up, a spherical nucleus of mass $M = 4\pi \rho_n r_n^3/3$ also experiences the loss of volatiles. The true timescale for devolatilization, τ_{dv} , is an intractable function of the time-varying active fraction, f_A , and the dynamical evolution of the comet, with some evidence that these two are interconnected (Rickman et al. 1990). A crude estimate may be obtained from $\tau_{dv} \sim M/\dot{M}$, with \dot{M} given by Equation (4), giving

$$\tau_{dv} \sim \frac{\rho_{\rm n} r_{\rm n}}{3f_{\rm A} \overline{f_s}}.$$
 (12)

We compare τ_{dv} with τ_s as a function of nucleus radius in Figure 4, which updates Figure 2 from Jewitt (1997) to incorporate the new findings with respect to the radiusdependence of f_A (Equation (8)) and k_T (Equation (11)). We computed the orbitally averaged $\overline{f_s}$ for hemispheric sublimation from comets having perihelion q = 1.5 au, and eccentricity e = 0.5, representative of those in Table 1, finding $\overline{f_s} = 2 \times 10^{-5}$ kg m⁻² s⁻¹. We set P = 15 hr, this being the median period from Table 1, and we assume $f_A = 0.1r_n^{-2}$ for $r_n \ge 0.3$ km (Equation (8)), and $f_A = 1$ otherwise. The resulting sublimation lifetime from Equation (12) is shown in Figure 4 as a solid red line. The spin-up time is shown in blue for two assumptions regarding the radius-dependence of k_T . First, the dashed blue line shows $\tau_s(a)$, the timescale computed assuming that Equation (11) holds for all r_n , even though we possess no constraining data for $r_n < 0.3$ km. Second, the dashed-dotted blue line shows $\tau_s(b)$, computed assuming that k_T "saturates" to its value at $r_n = 0.3$ km, i.e., $k_T = 10^{-4}$, for $r_n < 0.3$ km, and otherwise follows Equation (11). These two assumptions reflect our lack of knowledge of the size-dependence of the moment arm, but usefully demonstrate a range of possible behaviors. Finally, the black curves in Figure 4 show the combined lifetimes, $\tau = (\tau_s^{-1} + \tau_{dv}^{-1})^{-1}$, with the lower (yellow circles, $\tau_s(a)$) and upper (green diamonds, $\tau_s(b)$ branches reflecting the two models for $k_T(r_n)$ at $r_n < 0.3$ km. We emphasize that Figure 4 is simplistic (real nuclei are not spherical, the bulk density is assumed, we have neglected seasonal effects, and the model of equilibrium water-ice sublimation is no doubt too simple), and is also specific to orbits with q = 1.5 au and e = 0.5. Timescales can be scaled from the figure to other orbits in inverse proportion to $\overline{f_s}$.

Figure 4 shows that the spin-up timescales are shorter than the devolatilization timescale for all comets with $r_n \gtrsim 0.1$ km, regardless of which model for $k_T(r_n)$ is used. This size range encompasses all cometary nuclei measured to date, and shows the importance of spin-up. Very few sub-kilometer nuclei are known, relative to power-law extrapolations from larger sizes (e.g., Meech et al. 2004), consistent with their rapid destruction. For example, measurements of short-period comets in the 1–5 km radius range reveal a differential power-law size distribution, $n(r_n)dr_n \propto r_n^{-3.3\pm0.3}dr_n$ (Bauer et al. 2017), while Fernández et al. (2013) found $n(r_n)dr_n \propto r_n^{-2.9\pm0.2}dr_n$. If these power laws extrapolated to smaller radii, we should expect the number of nuclei with $r_{\rm n} > 0.1$ km radius to be ~ 100 times the number with $r_n > 1$ km. Even given the observational bias against the detection of smaller objects, this seems unlikely to be true. Crater counts in the Kuiper Belt source region reveal an impactor population with differential index $q = -1.7 \pm 0.3$ in the radius range $0.1 \leq r_n \leq 1$ km (Singer et al. 2019). Setting aside the question of how the source population could be flatter than the nucleus size distribution, q = -1.7 would still give a population of $r_{\rm n} > 0.1$ km comets some $10^{0.7} \sim 5$ times larger than that of $r_n > 1$ km comets, which is inconsistent with the data. However, regardless of the size distribution of Kuiper Belt objects, the strong size-dependence of the lifetimes shown in Figure 4 explains the paucity of small nuclei.

Figure 4 also shows the median dynamical lifetime of shortperiod comets (Levison & Duncan 1997), marked by a longdashed horizontal line at $\tau_{dyn} = 4 \times 10^5$ yr. A dotted black horizontal line shows, $\tau_L = 1.2 \times 10^4$ yr, the physical lifetime inferred by the same authors as necessary to match the inclination distribution of the comets. We note that while devolatilization of the larger nuclei is very slow (and may be impossible due to the formation of impermeable refractory surface mantles not accounted for here), spin-up times are $\tau_s \lesssim \tau_L$ for all comets with $r_n \lesssim 10$ km. Almost all studied comets are smaller than 10 km in radius. For example, of the 25 comets in Table 2, only one (28P/Neujmin) is larger than 10 km in radius. Therefore, the spins of all measured comets are liable to have evolved from their source-region values in response to outgassing torques.

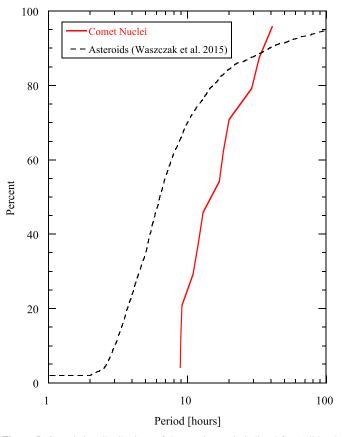


Figure 5. Cumulative distributions of the rotation periods listed for (solid red line) comet nuclei in Table 1, and for (dashed black line) small asteroids from the sample of Waszczak et al. (2015). The eye and the K-S test both confirm that these distributions are not consistent.

4.2. Long Nucleus-Rotation Periods

Figure 5 compares the rotation-period distribution of cometary nuclei from Table 1 with that of small asteroids from Waszczak et al. (2015). For the latter, we selected asteroids with absolute magnitudes $13 \leq H \leq 18$ in order to sample objects similar in size to those of the comets. The median period of nuclei from Table 1 is $P_n = 15.0$ hr (12) objects). The median period of the 3883 small asteroids is P_a =6.35 hr. The medians, and the cumulative distributions of the periods, are clearly inconsistent (Figure 5), a conclusion buttressed by the K-S test, which gives the probability that the two distributions could be drawn by chance from the same parent as $< 10^{-4}$. We also compared the asteroid distribution with the list of comet rotation periods compiled by Kokotanekova et al. (2017), with the same result; the K-S probability that the two distributions could be drawn from the same parent is $< 10^{-4}$.

The simplest explanation is that the median period difference reflects the role of density in setting the critical period for rotational instability. In the absence of cohesive forces, the critical period, P_C , at which equatorial centripetal acceleration equals local gravity, varies with density as $P_C \propto \rho^{-1/2}$, and also depends on the body shape. Periods in the ratio $P_n/P_a \sim 2.4$:1 would indicate densities in the ratio $\rho_a/\rho_n \sim 5.8$:1. The nominal nucleus density is $\rho_n = 500 \text{ kg m}^{-3}$ (Groussin et al. 2019), while the average densities of C-type and S-type asteroids are reportedly $\sim 1500 \text{ kg m}^{-3}$ and $\sim 3000 \text{ kg m}^{-3}$ (Hanus et al. 2017), indicating ratios $\rho_a/\rho_n \sim 3$ and 6, respectively. Within the uncertainties for P_n/P_a , these expected and observed ratios are probably compatible.

However, other effects may also contribute to P_n/P_a . Torques drive nucleus rotations equally toward shorter and longer values, but drive the median period toward longer values. This is because nuclei torqued to periods shorter than P_c should be destroyed, leaving a survivor distribution biased toward longer-lived, longer-period objects. This effect is a function of nucleus size, with small nuclei more affected than large nuclei, given the size-dependence of τ_s . While not detectable in the existing meager observational sample, it should be sought in the future, as more abundant and accurate data become available.

Lastly, observational biases inherent in the methods of period determination play a potentially crucial role in Figure 5. For example, rotational modulation of the photometry in active comets is limited by aperture averaging to periods longer than the aperture crossing time (Jewitt 1991), imposing a bias against short periods that is not present in the photometry of asteroids and other point sources. A similar bias affects rotation periods determined from rotation-modulated coma structures (spiral arms and arcs, see Samarasinha & A'Hearn 1991), because short-period nuclei will produce tightly wrapped spirals that are more difficult to resolve than open spirals from longer-period nuclei. Disentangling these, and other bias effects will be difficult. Ideally, we need a comet rotation sample based only on well-sampled bare-nucleus photometry in order to make an accurate comparison with the asteroids.

4.3. Destruction of Sungrazing Comets

Thousands of small sungrazing (small perihelion) comets are known (Battams & Knight 2017). Most are members of the socalled Kreutz group, with perihelia in the 0.01–0.02 au range, and are thought to be products of the recent disruption of a larger precursor body (Sekanina & Chodas 2002, 2007). Despite not impacting the photosphere (the radius of the Sun is $R_{\odot} = 0.005$ au), few Kreutz sungrazers survive perihelion, and the same is true for members of the Kracht, Marsden, and Meyer groups, which have similar or slightly larger perihelia. Instead, observations indicate that the sungrazers are destroyed (or, more precisely, rendered invisible) before they reach peak solar insolation at perihelion. For example, photometric measurements of three Kreutz comets show peak brightness near $r_{\rm H} \sim 12 \ R_{\odot}$ (~0.06 au), with subsequent fading on the way to perihelion (Knight et al. 2010). Could rotational disruption be responsible?

We can answer this question most directly for C/2005 S1, which is one of the best-observed Kreutz sungrazing comets. This object lost sodium (presumably via desorption from minerals) at a rate of $\dot{M}_{\rm Na} = 2 \, {\rm kg \, s^{-1}}$ when at $r_{\rm H} = 12 \, R_{\odot}$ (0.06 au) (Knight et al. 2010). Sodium is merely the most readily observed optical species; others are surely present, but undetected, and may carry more mass. Therefore we conservatively interpret $\dot{M}_{\rm Na}$ as setting a lower limit to the rate of loss of mass from C/2005 S1. We assume $\rho_{\rm n} = 500 \, {\rm kg \, m^{-3}}$, $k_T = 0.007$, $V_{\rm th} = 10^3 \, {\rm m \, s^{-1}}$, and $P = 5 \, {\rm hr}$, and note that the estimated radii of most sungrazers fall in the range $1 \leq r_{\rm n} \leq 50 \, {\rm m}$ (Knight et al. 2010). The radius of C/2005 S1 is estimated to be ~10 m but, to be conservative, and so to overestimate τ_s , we set $r_{\rm n} = 50 \, {\rm m}$. As such, Equation (3) gives the extraordinarily short characteristic time of $\tau_s < 1.3 \times 10^5 \, {\rm s}$ (about 1.5 day). This timescale is only ~1% of the ~monthlong freefall time from 1 au to the Sun, providing ample opportunity for mass-loss torques to spin-up and rotationally disrupt the nucleus, if it has a weak, comet–like structure. Once the nucleus breaks up, the resulting components themselves are subject to fragmentation on even shorter timescales, resulting in the catastrophic destruction of the object (see Sekanina & Chodas 2002). The peak brightness of C/2005 S1 occurred at $r_{\rm H} \sim 14 R_{\odot}$ (Figure 9 of Knight et al. 2010) suggesting that this marks the point of fragmentation. Since we assumed that the radius is at the top end of the range given by Knight et al. (2010), we can infer that rotational breakup is an important destructive process for all smaller Kreutz comets.

We cannot conclude that rotational breakup is the only destructive process, and many others of potential importance have been elucidated by Brown et al. (2015). For example, sungrazers entering the Sun's Roche sphere (radius $\sim 2R_{\odot}$ or ~ 0.01 au) could, if strengthless, be sheared apart by solar tides. The sublimation of water ice, if present, is also very strong. Using the approach given in Section 4.1, a 50 m radius waterice body at $r_{\rm H} = 0.06$ au would sublimate away on the timescale $\tau_{\rm sub} \sim 1.8 \times 10^5$ s (a few days). Therefore, if ice is present, devolatilization through sublimation can compete with spin-up at this size.

However, rotational disruption does not require the presence of ice in sungrazers, only of mass loss. In fact, we are not aware of direct evidence for ice in C/2005 S1, and there is little evidence for it in any other sungrazers. For example, the emission spectrum of C/(1965 S1) Ikeya–Seki at $r_{\rm H} \sim 0.3$ au was dominated by metal lines (Na, Ca, Cr, Co, Mn, Fe, Ni, Cu, and V), probably released by thermal desorption or the sublimation of rocks (Slaughter 1969), made possible due to the high temperatures found near the Sun. This raises the possibility that some sungrazing comets are not comets at all, but asteroids (rocks), scattered into orbits with small perihelia, and disintegrating in the heat of the Sun.

4.4. Main-Belt Comets

The rotations of small asteroids may be influenced by radiation ("YORP") torques, with a timescale for spin-up approximately given by

$$au_Y \sim \psi \left(\frac{r_{\rm n}}{1 \,\,{\rm km}} \right)^2 \left(\frac{r_{\rm H}}{1 \,\,{\rm au}} \right)^2$$
(13)

where $\psi = 1.3 \times 10^{13}$ s, r_n is given in kilometers, and r_H in au (Jewitt et al. 2017). Based on this equation, a 1 km asteroid in a circular orbit at 3 au has $\tau_Y \sim 4$ Myr. The relation is very approximate, because the YORP effect is sensitive to (mostly unknown) specific details of each asteroid, including its shape, rotation vector, and detailed thermophysical properties (Statler 2009); Equation (13) is therefore just a guide as to the order of magnitude of the YORP timescale.

Most asteroids have a refractory composition, and sublimate negligibly under the Sun's radiation field. However, a subpopulation, known as the "active asteroids", lose mass, generating comae and dust tails that are obvious in optical data (Jewitt 2012). The causes of activity in these objects are many and varied, ranging from impact, to rotational instability, thermal fracture, desiccation stresses, and the sublimation of near-surface ice (Hsieh & Jewitt 2006). Active asteroids driven by ice sublimation are referred to as "main-belt comets." If present, outgassing torques on the nuclei of main-belt comets will exceed the YORP torque when $\tau_s < \tau_Y$. Combining Equations (3) and (13) gives (see Jewitt et al. 2017)

$$\dot{M_C} > \frac{16 \times 10^{12} \pi^2 \rho_{\rm n}}{15 \psi V_{\rm th} P k_T} \left(\frac{r_{\rm n}}{1 \,\rm km}\right)^2 \left(\frac{1 \,\rm au}{r_{\rm H}}\right)^2 \tag{14}$$

for the critical mass-loss rate, above which the resulting torque exceeds that from YORP. Substituting $\rho_n = 1500 \text{ kg m}^{-3}$ (to take account of the larger density of asteroids), representative asteroid period P = 5 hr, $k_T = 0.007$, and we find that sublimation torques are dominant over YORP when

$$\dot{M_C} \gtrsim 0.02 \left(\frac{r_{\rm n}}{1 \, \rm km}\right)^2 \left(\frac{1 \, \rm au}{r_{\rm H}}\right)^2$$
 (15)

with \dot{M}_C given in kg s⁻¹. For example, on a $r_n = 1$ km body at $r_H = 2.5$ au, sustained mass-loss rates as small as $\overline{M}_C = 3 \times 10^{-3}$ kg s⁻¹ could generate a torque larger than the YORP torque. Such tiny mass-loss rates fall below the current spectroscopically detectable limits ($\dot{M} \sim 1$ kg s⁻¹, Jewitt 2012), and therefore the existence of sublimation spin-up of asteroids cannot be directly tested. Working against the influence of outgassing torques on icy asteroids is the observation that strong outgassing is highly time-variable, with main-belt comets spending a large fraction of their total time in an inactive, or weakly active state (Hsieh & Jewitt 2006)

As a specific example, we consider the disrupted outer-belt active asteroid P/2013 R3, whose precursor body broke into numerous ~ 100 m scale pieces (Jewitt et al. 2017). Sustained comet–like sublimation as small as (Equation (15)) $\dot{M} \gtrsim 3 \times 10^{-5} \text{ kg s}^{-1}$ could, in principle, have driven this precursor to break up on a shorter timescale, as compared to the YORP timescale. Mass loss at such a low level would be completely unobservable using existing techniques. Lowalbedo ice exposed at the subsolar point at $r_{\rm H} = 3$ au sublimates in equilibrium with sunlight at the rate 2.8×10^{-5} kg m⁻² s⁻¹ meaning that a strategically located ice patch of only $\sim 1 \text{ m}^2$ could generate a YORP-beating torque. Temporarily larger rates of sublimation could have the same effect. As such, while we possess no evidence that P/2013 R3 was rotationally disrupted by sublimation torques, neither can we reject this possibility. Hybrid schemes are also possible. For instance, an initial breakup of a body, triggered by impact or YORP torque, could expose previously buried water ice to the Sun, leading to sublimation, and the rapid spin-up and disintegration of the fragments by outgassing torques. Such hybrid schemes might be necessary to prevent the otherwise very rapid spin-up of icecontaining asteroids in the main belt.

5. Discussion

The observations establish beyond reasonable doubt both the importance of the outgassing torque in comets, and the major role played by observational-selection effects. To further emphasize these points, we refer to Figure 6, which shows the moment arm, k_T , plotted against the active fraction, f_A , with the sizes of the plot symbols shown in proportion to the radii of the nuclei. Figure 6 illustrates three points. First, the discovery bias against the detection of small cometary nuclei is evident from the top-heavy distribution of nucleus sizes. Sub-kilometer nuclei are undercounted in optical surveys, relative to their

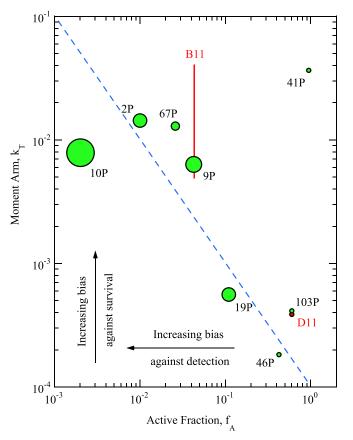


Figure 6. Dimensionless moment arm, k_T , vs active fraction, f_A . The diameters of the symbols are proportional to the nucleus diameters. Arrows show the direction of increasing discovery bias (which acts against small, weakly active comets, owing to their faintness) and increasing survival bias (which acts against small comets with large k_T , owing to their vulnerability to rotational breakup, see Equation (3)). The red line and circle marked B11 and D11 show, for comparison, values for 9P/Tempel from Belton et al. (2011), and P/Hartley from Drahus et al. (2011), respectively. The dashed blue line indicates $f_Ak_T = 10^{-4}$, and is not a fit to the data.

intrinsic proportion in the comet size distribution. Second, there is additional bias against small comets with small active fractions, f_A , because for a given nucleus radius the coma, production rate (and hence the coma brightness and detectability) scales in proportion to f_A . Small, weakly active nuclei are pushed beneath the survey sensitivity limits, leaving only small nuclei with large f_A , such as 41P/Tuttle–Giacobini– Kresak, 46P/Wirtanen, and 103P/Hartley (all with $f_A > 0.3$), as shown in the figure. Thirdly, there is survival bias against small nuclei having large k_T ; such objects have short spin-up times, leading them to be depleted in number by rapid breakup. The notable outlier to this trend is 41P/Tuttle-Giacobini-Kresak, which is a small nucleus, with a large moment arm, and an empirical spin-up time that is exceedingly short (Figures 1 and 3). Howell et al. (2018) suggested that 41P might be in an excited rotational state which, if true, would invalidate its inclusion, and improve the correlation with the remaining comets in Figures (3) and (6). At the other end of the scale, the massive nucleus of 10P/Tempel 2 can sustain a large k_T while still having a very long spin-up time. The absence of large nuclei with small k_T (lower left in Figure 6) cannot be attributed to observational or survival bias.

The dashed blue line in Figure 6 shows the relation $f_A k_T = 10^{-4}$, which clearly describes the observations (with the exception of 41P/Tuttle–Giacobini–Kresak) rather well.

Re-arranging Equation (9), and substituting Equation (4) for \overline{M} , we obtain

$$k_T f_{\rm A} = \frac{4\pi\rho_{\rm n}}{15V_{\rm th}P_K} \left(\frac{|\Delta P|r_{\rm n}^2}{P^2 f_s}\right) \tag{16}$$

where the orbitally averaged sublimation flux, $\overline{f_s}$, is calculated as described in the Appendix.

Given that ρ_n , V_{th} , and P_K are approximately the same for all comets in this study, the inference to be drawn from Equation (16) and Figure 6 is that $|\Delta P|r_n^2/(P^2\overline{f_s})$ is constant. This quantity, appearing in parentheses in Equation (16), corresponds to the "X parameter" discussed by Samarasinha & Mueller (2013), Mueller & Samarasinha (2018), and Steckloff & Samarasinha (2018). Steckloff & Samarasinha (2018) concluded that the near constancy of X (but not for 41P/Tuttle-Giacobini-Kresak, as noted by Bodewits et al. 2018) implied that "the net sublimative torque experienced by a comet nucleus depends predominantly on its size and heliocentric distance, independent of nucleus age, shape, local topography, and active fraction." Instead, Equations (1) and (4) show that the torque must depend on f_A , but that sizedependent trends in f_A are largely canceled by those in the moment arm, k_T , such that $k_T f_A \sim \text{constant}$ (see Figures (2) and (3)). The approximate constancy of the X parameter can therefore be seen as a product of these opposing size-dependent trends.

Finally, a limitation of this and all investigations of nucleus rotation is the implicit assumption that the outgassing properties of each nucleus, including f_A and k_T , remain fixed in time. In fact, these comets are dynamic and evolving bodies, whose properties change both stochastically, and in response to dynamical and thermal evolution. As the surface and angular pattern of the mass loss evolve, the magnitude, and possibly the direction, of the sublimation torque might change. Exactly this circumstance was reported in relation to 46P/Wirtanen (Farnham et al. 2021), when the period change in the \sim 50 days before perihelion was largely canceled by the change after it. As is the case with the YORP torque, whose magnitude and direction change in response to even minimal disturbances of the surface (Statler 2009; Cotto-Figueroa et al. 2015), secular evolution of the sublimation torque vector can slow the rate of change of the nucleus angular momentum relative to the relations presented here.

6. Summary

Anisotropic outgassing exerts a torque which can change the spin of a cometary nucleus. We parameterize the outgassing torque in terms of the radius of a spherical nucleus, r_n , the fraction of the surface which is active, f_A , the dimensionless moment arm, k_T , the period, P, and the characteristic spin-up time, τ_s . Based on a simple model, we expect that $\tau_s \propto r_n^2/(f_A k_T P)$ (Equation (5)). Using published rotational measurements of short-period comet nuclei with $0.5 \leq r_n \leq 7$ km, and with perihelia $q \sim 1$ to 2 au, we find that

- 1. The empirical spin-up times follow $\tau_s \sim 100r_n^2$, with τ_s given in years, and r_n in kilometers.
- 2. The fractional active areas vary as $f_{\rm A} \sim 0.1 r_{\rm n}^{-2}$.
- 3. The median dimensionless moment arm is $k_T = 0.007$, with weak evidence for a size dependence, $k_T \sim 10^{-3} r_n^2$.

Consequences of the short timescales include:

- Sub-kilometer nuclei are rapidly destroyed, explaining their paucity relative to power-law extrapolations from larger sizes. This result is independent of the size distribution in the Kuiper Belt source population.
- 2. The spin-up times of sungrazing comets (most of which are small, $r_n \leq 50$ m) are shorter even than the freefall time to the Sun, consistent with their observed failure to survive passage through perihelion.
- 3. Weak mass-loss torques on small main-belt asteroids, even at immeasurably small mass-loss rates ≤ 1 g s⁻¹, surpass the YORP torque and, if sustained, can control the spin state.
- 4. The angular momenta of short-period comets $\lesssim 10$ km in radius are, on average, not primordial.

Finally, we highlight (a) flux-limited biases in optical and spectroscopic surveys against the discovery and measurement of nuclei with small f_A , and (b) a survival bias against small nuclei with large moment arms, k_T , because these objects are quickly spun-up to rotational instability, and removed from the observable population. The significance of these biases should be assessed in future work.

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Appendix

In order to evaluate Equation (10), we consider the energy balance for a sublimating surface, neglecting conduction, in the form

$$\frac{L_{\odot}(1-A)}{4\pi r_{\rm H}^2} = \chi [\varepsilon \sigma T^4 + f_s(r_{\rm H})L(T)]. \tag{A1}$$

Here, A and ε are the Bond albedo and emissivity of the sublimating surface, respectively; L_{\odot} is the solar luminosity, $r_{\rm H}$ is heliocentric distance expressed in meters, σ is the Stefan-Boltzmann constant, and L(T) is the temperature-dependent latent heat of sublimation. We assume that A = 0.04, and $\varepsilon = 1$, while noting that solutions to Equation (A1) are insensitive to both quantities. Parameter χ is a dimensionless number that expresses the distribution of absorbed energy over the nucleus, varying between $\chi = 1$ for a flat surface oriented perpendicular to the Sun-comet line, and $\chi = 4$ for an isothermal sphere. We adopt $\chi = 2$ as the intermediate case, corresponding to hemispheric warming of a spherical nucleus. We solved Equation (A1) using the thermodynamic parameters for water ice tabulated by Brown & Ziegler (1980), and Washburn (1926). The equilibrium temperature, T, was calculated as a function of $r_{\rm H}$, which was in turn computed as a function of time by solving Kepler's equations

$$r_{\rm H}(t) = a(1 - e\cos(E(t)))$$
 (A2)

$$E(t) - e\sin(E(t)) = 2\pi(t - T_0)/P_K.$$
 (A3)

Here, E(t) is the eccentric anomaly, and T_0 is the time of perihelion. The specific sublimation rate, f_s , was then used to evaluate $\overline{\dot{M}}$ from various combinations of *a* and *e*, using Equations (10) and (4). The average sublimation rate is

$$\overline{f_s} = \frac{1}{P_K} \int_0^{P_K} f_s(r_{\rm H}) dt \tag{A4}$$

where the integral is taken around the orbit and, since $\dot{M} \propto f_s$, Equation (10) becomes

$$S(r_{\rm H}) = \frac{\int_0^{P_K} f_s(r_{\rm H}) dt}{P_K f_s(r_{\rm H})}.$$
 (A5)

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